

FIRST AID & CPR CERTIFICATION



NATIONALLY RECOGNISED
TRAINING

COURSE OVERVIEW

This nationally accredited set of skills aims to address the skills and knowledge required to administer basic First Aid and CPR.

To achieve the **First Aid and CPR Certification**, the candidate must complete two (2) units of competency; refer to unit list on page 2.

Acacia Education & Training is committed to providing an inclusive learning environment. Principles of access and equity for all students are applied in all programs.

COURSE OUTCOME

The course applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings. It will give participants the confidence to provide help in case of an emergency; develop important skills in how to conduct a primary and secondary assessment; provide CPR and resuscitation to adults children and infants including duty of care requirements.

ENTRY REQUIREMENTS

There are no formal entry requirements for this qualification.

- Applicants will be required to undertake a Language, Literacy & Numeracy assessment.
- Applicants will be required to complete a Pre-Training Review.
- Applicants must be able to attend all practical assessments on the assigned dates where required.



ACACIA
EDUCATION & TRAINING



JOB OUTCOMES

This training applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings such as:

- ✓ **Workplace First Aid Officer**
- ✓ **Childcare Supervisor**
- ✓ **Sporting Club Attendant**
- ✓ **Health & Community Services Worker**

COURSE DELIVERY



**Students must attend an in-class practical training session..*

COURSE DURATION

Students will be required to attend a classroom based practical training session for one full eight (8) hour day. All theory assessments must be completed in the students own time before the practical training, theory will be reviewed on the day. The methods in which students are assessed may include written questions, projects and observations. Students will need to follow the training plan provided to them to ensure they complete the course within the required training plan.

P: 02 4751 2300

E: hello@acaciaeducation.edu.au

W: www.acaciaeducation.edu.au

ESSENTIAL SKILLS FOR THE WORKPLACE



UNITS OF COMPETENCY

Below are the units of competency required for this course.

UNIT CODE	UNIT DESCRIPTION
HLTAID011	Provide first aid
HLTAID009	Provide cardiopulmonary resuscitation

UNIT OVERVIEW

HLTAID011 - Provide first aid

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies. This unit covers the following: First aid management; bleeding control; respiratory distress, basic wound care; how to respond to emergencies; assist people suffering from shock.

Knowledge Evidence examples: Knowledge of state/territory regulations, first aid codes of practice and workplace procedures; principles and procedures for first aid management for a range of scenarios including abdominal injuries, allergic reaction, choking and basic wound care.

Performance Evidence examples: Students must perform applied first aid procedures for anaphylaxis, bleeding control, shock and respiratory distress.

HLTAID009 - Provide cardiopulmonary resuscitation

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC). This unit covers the following: Response to an emergency situation; perform CPR procedures; communicate details of an incident; review an incident.

Knowledge Evidence examples: Relevant ARC guidelines to managing the unconscious breathing and non-breathing casualty and provision of CPR; techniques for providing CPR to adults, children and infants; duty of care requirements; infection control procedures, including use of standard precautions and resuscitation barrier devices.

Performance Evidence examples: Students must perform at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin on the floor; perform at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface.

IMPORTANT: Learners must be physically capable of bending and kneeling to provide first aid to a person on the floor. This includes performing CPR for a specific amount of time on the manikins.

P: 02 4751 2300

E: hello@acaciaeducation.edu.au

W: www.acaciaeducation.edu.au

DISCOVER HOW TO BUILD YOUR FUTURE TODAY.

RTO No 91469



COURSE DELIVERY

This course can be delivered in a flexible program of **mixed-mode** or **classroom*** based learning.

Theory: Students may complete their assessments at their own pace. Support from a designated trainer is available via email, phone, SMS and video call. Some review of theory may be completed in class with the designated trainer present.

Practical: All practical assessments will be carried out in the classroom with the designated trainer present.

**Classroom may be arranged on a case-by-case basis. Minimum numbers may apply. Ask us for more information.*

CERTIFICATE

On successful completion of all assessments each participant will receive a Nationally Recognised Statement of Attainment in:

- HLTAID011
- HLTAID009

The successfully completed units provide credit towards a range of qualifications in the CHC Community Services Training Package or HLT Health Training Package.

COURSE FEES

Contact Acacia for further information and ask us for a free quote.

Subsidised Training: Participants may be eligible to receive subsidised training or a fee reduction through the NSW Government Smart & Skilled program where available. Contact Acacia to find out more.

ELIGIBILITY

To be eligible to receive Smart and Skilled funding, applicants must meet the following criteria:

- living or working in NSW
- 15 years old or older and no longer at school
- an Australian citizen, Australian permanent resident, humanitarian Visa holder or New Zealand citizen.

STUDENT SUPPORT

Academic support

Students have access to trainer support throughout the duration of their course, whether they are learning via correspondence, online, or in class. Our experienced trainers are available to answer any questions students may have regarding the learning materials and assessments. The appointed trainer can be contacted via email, phone or video call, students will be provided with these contact details on course commencement.

Administrative support

The administrative team is available during business hours (9am - 5pm) Mondays to Fridays and can assist students with all administrative enquiries or issues, including enrolment, change of contact details, class schedules, online learning and certification. The administrative team can be contacted using details further below.

APPLICATION TO ENROL

Acacia is committed to ensuring all applicants clearly understand the details and outcomes of the course they are enrolling in.

For information on the enrolment process and to apply please speak with your workplace coordinator, job service provider, contact us directly or use the online link on our website.

P: 02 4751 2300

E: hello@acaciaeducation.edu.au

W: www.acaciaeducation.edu.au