

# CHCMHS001

## WORK WITH PEOPLE WITH MENTAL HEALTH ISSUES



NATIONALLY RECOGNISED  
TRAINING

### COURSE OVERVIEW

This nationally accredited set of skills aims to equip individuals with the skills and knowledge required to establish relationships, clarify needs, and then work collaboratively with people who are living with mental health issues.

To achieve the accreditation, the candidate must complete one (1) unit of competency; refer to unit list on page 2.

Acacia Education & Training is committed to providing an inclusive learning environment. Principles of access and equity for all students are applied in all programs.

### COURSE OUTCOME

This training applies to support workers in contexts outside the mental health sector, but who come into contact with people with mental health issues. The services and support provided are not mental health specific.

### ENTRY REQUIREMENTS

There are no formal entry requirements for this qualification.

- **Applicants must work/volunteer within a support role providing direct care to individuals with mental health issues.**
- Applicants will be required to undertake a Language, Literacy & Numeracy assessment.
- Applicants will be required to complete a Pre-Training Review.
- Applicants must be able to attend all practical assessments on the assigned dates where required.



### JOB OUTCOMES

This course will develop a range of skills that may benefit workplaces and roles such as:

- ✓ **Health & Community Services**
- ✓ **Youth Centres & Schools**
- ✓ **Counsellors & Support Staff**
- ✓ **Community Centres**
- ✓ **Human Resources & Managers**

### COURSE DELIVERY



\*See further information under Course Delivery on page 3 of this guide.

### COURSE DURATION

Students may have up to six (6) months to complete the course. However, if you are utilising NSW Government funding, these dates may vary.

Students will need to follow the training plan provided to them at commencement of training to ensure they complete the course in the required timeframe. Approximately fifteen (15) hours of study should be allocated for each unit.

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# ESSENTIAL SKILLS FOR THE WORKPLACE



## UNITS OF COMPETENCY

Below are the units of competency required for this course.

UNIT CODE	UNIT DESCRIPTION
CHCMHS001	Work with people with mental health issues

## UNIT OVERVIEW

### CHCMHS001 - Work with people with mental health issues

This unit describes the skills and knowledge required to establish relationships, clarify needs, and then work collaboratively with people who are living with mental health issues.

This unit covers the following elements:

- Establish respectful relationships with people with mental health issues
- Determine the needs of people with mental health issues
- Work with people with mental health issues to meet aspirations and needs

**Knowledge Evidence examples:** *Knowledge of the legal and ethical considerations (international, national, state/territory, local) when working with people with mental health issues, and how these are applied in organisations and individual practice, including children in the workplace, discrimination, duty of care and work role boundaries; values and principles of the mental health sector; appropriate responses to changes in mental health, mental distress and crisis.*

**Performance Evidence examples:** *Students will be required to show evidence of the ability to have worked with at least 3 people with mental health issues in ways that support individual empowerment and recovery through:*

- *the use of communication techniques*
- *provision of adaptation of services to meet particular needs.*

*Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.*

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## COURSE DELIVERY

This course can be delivered in a flexible program of **online** or **classroom\*** based learning + **workplace practicals**.

**Theory:** Students may complete their assessments at their own pace. Support from a designated trainer is available via email, phone, SMS and video call.

**Practical:** Practical assessments may be carried out within the workplace (supervisor observation required). Includes case studies.

*\*Classroom may be arranged on a case-by-case basis. Minimum numbers may apply. Ask us for more information.*

## CERTIFICATE

On successful completion of all assessments each participant will receive a Statement of Attainment containing the Nationally Recognised Units of Competency:

- **CHCMHS001**

The successfully completed units provide credit towards a range of qualifications in the CHC Community Services Training Package.

## COURSE FEES

Contact Acacia for further information and ask us for a free quote.

**Subsidised Training:** Participants may be eligible to receive subsidised training or a fee reduction through the NSW Government Smart & Skilled program where available. Contact Acacia to find out more.

## FUNDING ELIGIBILITY *(where applicable)*

To be eligible to receive Smart and Skilled funding, applicants must meet the following criteria:

- living or working in NSW
- 15 years old or older and no longer at school
- an Australian citizen, Australian permanent resident, humanitarian Visa holder or New Zealand citizen.

## STUDENT SUPPORT

### Academic support

Students have access to trainer support throughout the duration of their course, whether they are learning online or in class. Our experienced trainers are available to answer any questions students may have regarding the learning materials and assessments. The appointed trainer can be contacted via email, phone or video call, students will be provided with these contact details on course commencement.

### Administrative support

The administrative team is available during business hours (9am - 5pm) Mondays to Fridays and can assist students with all administrative enquiries or issues, including enrolment, change of contact details, class schedules, online learning and certification. The administrative team can be contacted using details further below.

## APPLICATION TO ENROL

Acacia is committed to ensuring all applicants clearly understand the details and outcomes of the course they are enrolling in.

For information on the enrolment process and to apply please contact us directly or use the online link on our website.

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