

CHCSS00097 INDIVIDUAL SUPPORT - AGEING SKILL SET

Nationally Recognised Training

NATIONALLY RECOGNISED
TRAINING

COURSE OVERVIEW

This nationally accredited skill set aims to address the skills and knowledge required to provide person centred support to older people in various settings.

To achieve the CHCSS00097 Individual Support - Ageing Skill Set, the candidate must complete three (3) units of competency; refer to unit list on page 2.

Acacia Education & Training is committed to providing an inclusive learning environment. Principles of access and equity for all students are applied in all programs.

COURSE OUTCOME

The training reflects the role of workers in the community and/or residential setting who follow an individualised plan to provide person-centred support to people who may require support in an aged care setting or home care setting.

ENTRY REQUIREMENTS

There are no formal entry requirements for this qualification.

- **Applicants must be employed within an aged care setting.**
- Applicants will be required to undertake a Language, Literacy & Numeracy assessment.
- Applicants will be required to complete a Pre-Training Review.
- Applicants must be able to attend all practical assessments on the assigned dates where required.



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JOB OUTCOMES

This training applies to individuals who are looking to gain skills for a role within the care sector such as:

- ✓ **Aged Care Assistant**
- ✓ **Personal Care Assistant**
- ✓ **In Home Respite Worker**
- ✓ **Community Care Worker**
- ✓ **Assistant in Nursing**

COURSE DELIVERY



COURSE DURATION

Students have up to 6 months to complete the course. Approximately 15 hours of study should be allocated for each unit. The methods in which students are assessed may include written questions, projects and observations.

Students will need to follow the training plan provided to them at commencement of training to ensure they complete the course in the required timeframe.

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ESSENTIAL SKILLS FOR THE WORKPLACE



UNITS OF COMPETENCY

Below are the units of competency required for this course.

UNIT CODE	UNIT DESCRIPTION
CHCAGE001	Facilitate the empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCCCS011	Meet personal support needs

UNIT OVERVIEW

CHCAGE001 - Facilitate the empowerment of older people

This unit describes the skills and knowledge required to respond to the goals and aspirations of older people and provide support services in a manner that focuses on improving health outcomes and quality of life, using a person-centred approach.

Knowledge Evidence examples: Knowledge of the aged care sector; key issues facing older people; strategies that the older person may adopt to promote healthy lifestyle practices.

Performance Evidence examples: Students will be required to show evidence of responding to the goals and aspirations of at least 2 older people, 1 in a simulated environment and 1 in the workplace.

CHCAGE005 - Provide support to people living with dementia

This unit describes the skills and knowledge required to provide person-centred care and support to people living with dementia. It involves following and contributing to an established individual plan.

Knowledge Evidence examples: Knowledge of up to date research on dementia and the different manifestations of dementia; dementia as a progressive neurological condition; potential impact on the person living with dementia their family and significant others.

Practical Evidence example: Students will be required to show evidence of providing support to 2 different people living with dementia: using appropriate communication strategies; assisting in implementing a range of suitable activities that meet the person's needs.

CHCCCS011 - Meet personal support needs

This unit describes the skills and knowledge required to determine and respond to an individual's physical personal support needs and to support activities of daily living.

Knowledge Evidence examples: Knowledge of legal and ethical requirements related to the provision of personal support, and how these are applied in an organisation and individual practice.

Practical Evidence example: Students will be required to provide evidence that they have safely supported at least 2 individuals by performing activities such as bed bathing, eating and drinking using appropriate feeding techniques and manual handling techniques such as transferring a person between bed and chair.

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COURSE DELIVERY

This course can be delivered in a flexible program of **mixed-mode** or **classroom*** based learning.

Theory: Students may complete their assessments at their own pace. Support from a designated trainer is available via email, phone, SMS and video call.

Practical: All practical assessments may be carried out in the classroom with the designated trainer present or within the workplace (supervisor observation required).

**Where necessary, it is a requirement that students attend training on the allocated days. Classroom may be arranged on a case-by-case basis. Minimum numbers may apply. Ask us for more information.*

CERTIFICATE

On successful completion of all assessments each participant will receive a Nationally Recognised Statement of Attainment in:

CHCSS00097 Individual Support - Ageing Skill Set

The successfully completed units provide credit towards a range of qualifications in the CHC Community Services Training Package or HLT Health Training Package at Certificate IV and Diploma level.

COURSE FEES - \$249

Subsidised Training: Participants may be eligible to receive subsidised training or a fee reduction through the NSW Government Smart & Skilled program. Contact Acacia for further information on determining your eligibility or visit <https://smartandskilled.nsw.gov.au/are-you-eligible>.

This training is subsidised by the NSW Government.

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ELIGIBILITY

To be eligible to receive Smart and Skilled funding, applicants must meet the following criteria:

- living or working in NSW
- 15 years old or older and no longer at school
- an Australian citizen, Australian permanent resident, humanitarian Visa holder or New Zealand citizen.

STUDENT SUPPORT

Academic support

Students have access to trainer support throughout the duration of their course, whether they are learning via correspondence, online, or in class. Our experienced trainers are available to answer any questions students may have regarding the learning materials and assessments. The appointed trainer can be contacted via email, phone or video call, students will be provided with these contact details on course commencement.

Administrative support

The administrative team is available during business hours (9am - 5pm) Mondays to Fridays and can assist students with all administrative enquiries or issues, including enrolment, change of contact details, class schedules, online learning and certification. The administrative team can be contacted using details further below.

APPLICATION TO ENROL

Acacia is committed to ensuring all applicants clearly understand the details and outcomes of the course they are enrolling in.

For information on the enrolment process and to apply please speak with your workplace coordinator, job service provider, contact us directly or use the QR code provided below.

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